

**Previous Education Needed:**

Students should be able to read, understand written directions and perform basic math.

**Physical Capability Required:**

Walking, stooping, lifting, twisting, bending, pushing and pulling

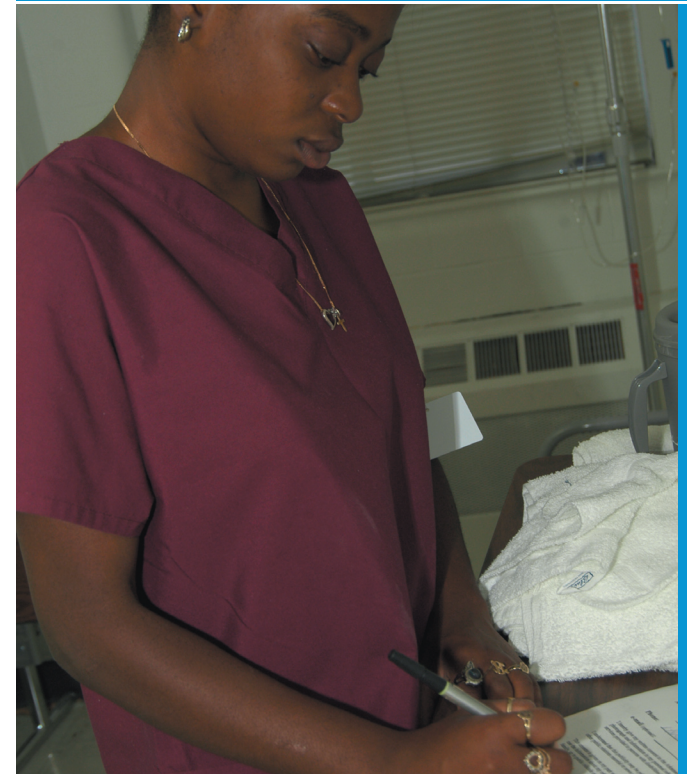
Other limitations will be evaluated.



Believe you're the person who can tend to others? Then a nursing assistant career can be the perfect avenue to showcase your talents and abilities.



Arkansas Career Training Institute  
105 Reserve Avenue  
P.O. Box 1358  
Hot Springs, AR 71901  
501.624.4411  
Fax 501.623.7169



**ACTI** Certified Nursing Assistant

Limitless opportunities.

## Certified Nursing Assistant

It takes a certain kind of person to become the next Florence Nightingale but you might just be the one we're looking to train.

As a caregiver, you can have a fruitful career in various settings from a public or private hospital to a home or a long-term care facility. You can help the elderly with simple tasks like getting dressed and eating. Or aid a peer as they learn to walk again.

At the Arkansas Career Training Institute's Certified Nursing Assistant program, you'll learn in classroom and lab settings with a clinical rotation held in the Hot Springs Rehabilitation Center's Hospital. Students will also train in the Physical and Occupational Therapy departments.



Each student will complete six comprehensive modules including clinical procedures, resident care and anatomy. Students will also learn about residents' rights, infection control and resident care safety.

The program is administered with training guide-

lines from the Arkansas Long-Term Care Facility Nursing Assistant training curriculum. Students must complete 600 hours of study and pass the State competency examination within 12 months of graduation.

Length of program: An estimated 600 hours – six hours daily. The estimated term of study: approximately four and a half months



### Module One:

- Class Orientation
- Being a Nursing Assistant
- Long-Term Care Facility
- Long-Term Care Resident
- Communication
- Resident Rights

### Module Two:

- Introduction
- Resident Care
- Review Module One
- Anatomy
- Safety
- Infection Control

### Module Three:

- Introduction
- Resident Care
- Personal Care
- Clinical Procedures
- Nutrition
- Vital Signs

### Module Four:

- Introduction
- Resident Care
- Basic Nursing Care
- Clinical Procedures
- Intake and Output
- Anatomy
- The Resident's Environment



### Module Five:

- Introduction
- Resident Care
- Clinical Procedures
- Cognitive
- Behavioral

### Module Six:

- Introduction
- Clinical
- Review for C.N.A. Test